### D A L A N N A H



LOOKING BACK

## Dalannah LOOKING BACK



Thank you for allowing me the opportunity to share with you my journey in life, so far, through this music.

"Looking Back" flows from a personal history of mixed heritage, a scattered homelife, embracing the Hippie ideals of peace, love, community and caring for mother earth, becoming a mother, overcoming addiction, surviving three strokes and a heart attack and over 50 years of performing. My music has always guided me, healed me, helped me to help others and contribute a voice to the advocacy of social justice in our times.

This CD is an acknowledgement to all those musicians that I have played with over the years that have brought me to this time and place. Therefore I wish to dedicate this work to our friend Keith Bennett who so generously shared himself and his music throughout his lifetime. Thank you Keith, we all miss you.

In peace, Dalannah

Executive Producer Paul Hovan

Producer Michael Creber

Associate Producer Dalannah Engineer Andrew Spindor

Assistant Engineer Olivia Quan

**CD Mastering** Railtown Mastering

Package Design Marx Media Worx Recorded at **Monarch Studios** and **Warehouse Studios**, Vancouver BC; and at **EagleCliff Studios**, West Vancouver BC

Dalannah's personal drum was used for the cover image.

## Dalannah LOOKING BACK

These musicians and vocalists accompanied **Dalannah on** this album



**Rob Becker** 



Joani Bye



**Michael Creber** 



Olaf de Shield



**Miles Hill** 





Tom Keenlyside



Jane Mortifee



**Brad Muirhead** 



**Brian Newcombe** 



John Nolan



#### **Chris Nordquist**



**Tim Porter** 



#### **Steve Sainas**



**Jim Salmon** 



#### **David Say**



**Andreas Schuld** 

All tracks on this CD feature vocals by Dalannah and keyboards by Music Director, Michael Creber.

#### Looking Back

Each of us has our own journey; our challenges and our triumphs. This song reflects my journey.

Bass: Miles Hill Drums: Chris Nordquist Guitar: Olaf de Shield Guitar Solo: Tim Porter Percussion: Jim Salmon Tuba: Brad Muirhead BG Vocals: Jane Mortifee Joani Bye

#### What The Hell Is That?

I was there in the time of peace marches, protests and the powerful movement for change. We saw change and also witnessed great disappointment but still believed. Now we are witnessing a new hope for the future in today's youth.

Bass: Miles Hill Drums: Chris Nordquist Guitar: Andreas Schuld Slide Guitar: Steve Sainas Harmonica: Keith Bennett



#### **Down To The River**

I awoke one day wanting to be washed by the river. My dear friend and medicine woman took me for a "Spirit Bath". Surrendering to the water spirits renewed and awakened my soul. I asked my good friends 'The Sojourners' to come to the river with me in song. What a perfect flow of voices to bath in. Enjoy!

Bass: Brian Newcombe Drums: Chris Nordquist Guitar: Andreas Schuld Saxophones: David Say Vocals: Marcus Mosely Will Sanders Khari McClelland

#### I Got You

The deepest gratitude for knowing I am never alone!

 Bass:
 Brian Newcombe

 Drums:
 Chris Nordquist

 Guitar:
 Andreas Schuld

 Saxophones:
 David Say

#### Don't Mess Up A Good Thing

There was a time in the early days when I was a Byrnette for some of Jim Byrnes shows. He has always been an inspiration to me as a symbol of possibilities and he is a blues musicologist of the first order. He chose this song for us to sing.

Bass: Rob Becker Drums: Chris Nordquist Guitar: Andreas Schuld Saxophone: David Say Vocals: Jim Byrnes



#### Tryin' Times

One of my favourite songs of all times. Unfortunately, it always seems to reflect the current climate of oppression of the people.

Bass:Miles HillDrums:Chris NordquistGuitar:Olaf de Shield

#### Somebody's Watchin' You

A commentary on the current state of "big brother's watching you." We are moving to a place (if we are not there already) where nothing we do will be private.

> Bass: Rob Becker Drums: Chris Nordquist Guitar: Andreas Schuld Percussion: Jim Salmon BG Vocals: Jane Mortifee Joani Bye

#### That Ain't Love

I mentioned the Sixties in one of my songs and in truth, we did believe in the power of love... but that power has shifted into something "That Ain't Love"

> Bass: Miles Hill Drums: Chris Nordquist Guitar: Olaf de Shield Percussion: Jim Salmon Horns: Tom Keenlyside BG Vocals: Jane Mortifee Joani Bye



**Danger Zone** Curtis Mayfield's lament and passionate plea for Mother Earth.

Bass: Miles Hill Drums: Chris Nordquist Guitar: Olaf de Shield Guitar Solo: Tim Porter Harmonica: Keith Bennett

#### Everybody's Cryin' Mercy

Mose Allison's reminder that it is time to get real everybody cos' all your possessions won't mean a thing if Mother Earth implodes.

Bass:Rob BeckerDrums:John NolanGuitar:Andreas Schuld

Blue Love The joy of personal peace.

Bass:Miles HillDrums:Chris NordquistGuitar:Olaf de ShieldClarinet:Tom Keenlyside

#### Look Ahead

A plea for all to be conscious of what you do, how you do it and who you be. We must be aware for the next seven generations.

Bass: Brian Newcombe Drums: Chris Nordquist Guitar: Andreas Schuld Native Drum: Dalannah BG Vocals: Jane Mortifee Joani Bye

Thank you to the family of Chief Dan George for their permission to share his words on Tryin' Times and Look Ahead.

# Dalannah LOOKING BACK

Looking Back (Dalannah Gail Bowen and Michael Creber © Snowy Owl Music/Andronova Music)	4:16
What The Hell Is That? (Dalannah Gail Bowen , Michael Creber and Charles Jackson Smith, © Snowy Owl Music/Andronova Music/Thunder and Lightning Music) .	5:39
Down To The River (Dalannah Gail Bowen and Michael Creber © Snowy Owl Music/Andronova Music)	5:15
I Got You (Dalannah Gail Bowen and Michael Creber © Snowy Owl Music/Andronova Music)	3:54
Don't Mess Up A Good Thing (Oliver Sains Jr. © Art & Seico/BMI) (△)	3:25
Tryin' Times (Donny Hathaway and Leroy Hutson $\odot$ 1995 Atlantic (US), WEA (Int.), Chappell Hill) ( $\triangle$ )	5:30
Somebody's Watchin You (Dalannah Gail Bowen and Michael Creber © Snowy Owl Music/Andronova Music)	4:25
That Ain't Love (Dalannah Gail Bowen and Michael Creber © Snowy Owl Music/Andronova Music)	3:40
Danger Zone (Percy Mayfield $\otimes$ Tangerine Music) ( $\Delta$ )	4:26
Everybody's Cryin' Mercy (Mose Allison © 1995 Audra Mae/BMG) (△)	3:47
Blue Love (Dalannah Gail Bowen and Michael Creber © Snowy Owl Music/Andronova Music)	5:53
Look Ahead (Dalannah Gail Bowen and Michael Creber © Snowy Owl Music/Andronova Music)	5:19

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